

Notice

Yoga Camp

All students of B.A/B.Sc/B.com are to be informed that our college is organizing a one-day '**Yoga for Meditation and Fitness**' camp in **K-Hall** on **12th December (Monday) 2022**. Yoga instructor **Mr. Ashish Sharma** founder of '**Divya Ashish Yoga Sansthan U.P.**' will be guiding our students.

Timings:

Girls Students - **11:00-11:30 am**

Boys students- **12:00-12:30 pm**

This camp aims to spread awareness of physical fitness and mental health. Interested students can come along with their yoga mats.

Principal

IQAC Coordinator

Convenor

Student Support and Progression